

Key Stage 5 Personal Development Curriculum

Following requests through student voice, the Tutor Time Personal Development Curriculum will reflect an interleaved carousel which is restructured to provide a programme to rotate through Living in the Wider World (LWW), Health and Wellbeing (H&W) and Relationships (R) on a three-week cycle.

Year 12 Curriculum

Week	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
1	LWW: Personal Safety in Relationships	H&W: Sexual Health & STIs	R: Maintaining Online Relationships	R: De-escalating & Exiting Aggressive Situations	LWW: Domestic Abuse	H&W: Body Image
2	H&W: Sleep, Rest and Study	R: Managing my Online Profile	LWW: How Many Hellos (Careers)	LWW: Taking a Gap Year	R: Respectful & Assertive Communication	R: Law, Rights in Relationships (Consent)
3	R: The Power of Relationships	LWW: Managing Contracts and Debt	LWW: Safer Sex	LWW: Renting & Mortgages	LWW: The Changing Job Market	LWW: Being in Financial Debt
4	LWW: Managing Unwanted Attention	H&W: Healthy Eating on a Budget	R: Prioritising Mental Health	R: Consent	LWW: Safety at Festivals	LWW: Suicide Prevention
5	H&W: Young Adult Illnesses	R: Managing Strong Emotions	LWW: Do job Stereotypes Still Exist?	LWW: Marketing Yourself	R: Why Do We Choose Sexual Relationships?	R: Managing Changes in Relationships
6	R: Stages of a Romantic Relationship	LWW: Post-18 Personal Finance and Resilience	H&W: Unintended Pregnancies	R: Understanding Sexuality & Sexual Orientation	LWW: You Don't Know What You Don't Know	R: Marriage, Partnership and Rights
7	LWW: Alcohol Misuse & Decision Making	H&W: Contraception & Choices				

Year 13 Curriculum

Week	Term 1	Term 2	Term 3	Term 4	Term 5
1	LWW: AI: Deepfakes and Digital Footprints	LWW: Drink Spiking	LWW: Substance Misuse and Safety	R: Influence of Faith and Culture on Relationships	R: Inclusion and Diversity
2	H&W: Common Mental Health Issues	LWW: Money Matters: Taxes	H&W: Keeping Physically Healthy While Studying	LWW: Payslips and Salaries	LWW: Gangs and Organised Crime
3	R: Being a resilient student	R: Online Dating	R: Is This Love or Lust?	LWW: Travel Safety	R: Ending Intimate Relationships Respectfully
4	LWW: Rape and Sexual Assault	LWW: What Drives You?	LWW: Sexual Exploitation and Abuse	LWW: Money Matters: Savings	LWW: Assumptions and Influences
5	LWW: Applying for Work/Training (& How to Stand Out)	LWW: Gambling and Loan Shark Awareness	R: Coming Out as LGBTQ+	LWW: What Drives You?	H&W: Helping a Friend Who Is Struggling to Cope
6	R: Managing Challenging Relationships at Work	H&W: Young Men and Suicide	LWW: Careers Quiz	R: Evaluating Attitudes to Sexual Assault	LWW: Will You Dare
7	R: Sex and the Media	LWW: My Career Ambitions			

Rationale for Key Additions:

- **AI and Digital Footprints:** With the rapid rise of AI, students need to understand how their online behaviour affects future employment prospects.
- **Financial Safeguarding:** Adding "Gambling & Loan Shark Awareness" provides essential protection against common financial harms that affect young adults.
- **Post-18 Resilience:** Transitioning to adulthood requires practical skills beyond standard curriculum; this topic bridges the gap between theoretical finance and real-world independence.