

Key Stage 5 Careers Education and Guidance Curriculum

Year 12 Curriculum

Week	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
1	Introduction to Post-18 Choices	Post-18 Planning: Twenty Questions	Introducing Apprenticeships	Goal Setting: Setting SMART Targets	Personal Statements: An Overview	Why Take A MOOC?
2	Exploring Your Passions	Post-18 Planning: Mental Contrasting	Searching for Apprenticeships	Skill Mapping & Competency Evidence	Preparing to Write My Personal Statement	Navigating & Leveraging MOOCS
3	Post-18 Pathways	Post-18 Planning: Pros and Cons	Creating an Apprenticeship Shortlist	Building My Professional Ecosystem	Using Unifrog to Write my Personal Statement	MOOCS & The Future
4	Exploring the Current Post-18 Landscape	Maximising My Work Experience Placement	Degree Level Apprenticeships	Geeking Out	Personal Statements: Standing Out	Getting Started with UCAS Applications
5	Weighing Up Your Options	Your Roadmap to Securing a Placement	Demystifying the Curriculum Vitae	Exploring Super-Curricular Activities	Acing My Personal Statement	References & Strategic Planning
6	Pathways Discovery	Finalising My Placement on Unifrog	Decoding Job Descriptions	Reflection & Transition: The Path Forward	Polishing my Personal Statement	Exploring Universities and Courses

Year 13 Curriculum

Week	Term 1	Term 2	Term 3	Term 4	Term 5
1	Applications List: Getting Started	The Difference Between Stress & Anxiety	Introduction to Assessment Centres	Introduction to Results Day & Clearing	Life Beyond School: Freshers Week
2	Using an Applications List on Unifrog	Managing Stress & Anxiety: Mindfulness	Assessment Centres: Dos and Don'ts	Results Day: The Day Before	Life Beyond School: Making New Friends
3	Refining My UCAS Top 5 List	Managing Stress & Anxiety: Just a Minute	Assessment Centres: Practical Application	Results Day: In the Morning	Life Beyond School: Accommodation
4	Checking for Common Mistakes on UCAS Applications	Managing Stress & Anxiety: Drop Anchor Technique	Digital Problem Solving	Results Day: The Clearing Process	Life Beyond School: First Week on a New Course
5	How to Submit My UCAS Application	Managing Stress & Anxiety: Chocolate Square Technique	Personal Qualities	Results Day: Changing My Course	Life Beyond School: Student Perks
6	Exploring Apprenticeships & Forces Roles	How to Cope with Anxiety	Practical Ways to Boost My Employability	Results Day: Taking Advantage of Clearing	